

*A Two-Part Hands-On Cadaver Workshop  
for Prospective Cosmetic Facial Surgeons*

# COSMETIC BLEPHAROPLASTY AND INTRODUCTION TO FACE LIFT

Course Directors:

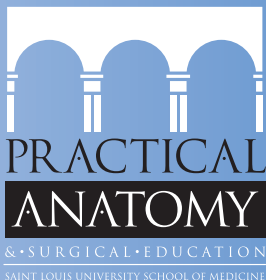
Gregory H. Branham, MD, FACS; Philip L. Custer, MD;  
Jill A. Foster, MD, FACS and John B. Holds, MD, FACS

Honored Guests:

ALLAN E. WULC, MD, FACS *and* FRANCIS A. PAPAY, MD



July 25-27, 2008 – St. Louis, MO



# SCHEDULE and LECTURES

## PART I: Cosmetic Blepharoplasty

Friday, July 25, 2008

- 7:30 am Registration and Continental Breakfast  
8:00 am Welcome and Introduction – *P. Custer, MD and J. Holds, MD*  
8:15 am **Anatomy for Upper Blepharoplasty**  
8:45 am **Patient Evaluation and Complications**  
9:15 am **Surgical Technique for Upper Blepharoplasty**  
9:45 am BREAK and EXHIBITS  
10:05 am **3-D Video Demonstration** – Upper Blepharoplasty  
10:30 am **Cadaver Dissection** – Upper Blepharoplasty  
12:00 pm LUNCH and EXHIBITS  
12:45 pm **Surgical Anatomy for Lower Blepharoplasty**  
1:15 pm **Patient Evaluation and Complications** – Lower Lid  
1:45 pm **Lower Lid Technique**
  - Transconjunctival Approach
  - Fat Repositioning
  - Pinch Skin/Canthopexy  
2:15 pm BREAK and EXHIBITS  
2:35 pm **3-D Video Demonstration** – Lower Blepharoplasty  
3:00 pm **Cadaver Dissection** – Lower Blepharoplasty  
5:00 pm Adjourn  
7:00 pm Special Event Reception



## PART II: Introduction to Face Lift

Saturday, July 26, 2008

- 7:30 am Sign-In and Continental Breakfast  
8:00 am Welcome and Introduction – *J. Foster, MD and G. Branham, MD*  
8:15 am **Surgical Anatomy for Face Lift**  
8:45 am **Patient Evaluation**  
9:15 am **Evolution of Face Lift**  
9:45 am **Anesthesia/Surgical Marking**  
10:15 am BREAKS and EXHIBITS  
10:30 am **Surgical Landmarks/Complications**  
11:00 am **Small Incision Face Lift**  
11:30 am **Cadaver Demonstration** – Small Incision Face Lift  
12:30 pm LUNCH and EXHIBITS  
1:15 pm **Cadaver Dissection** – Small Incision Face Lift  
2:30 pm BREAK and EXHIBITS  
2:45 pm **SMAS Plication/Imbrication Technique**  
3:30 pm Adjourn

Sunday, July 27, 2008

- 7:30 am Sign-In and Continental Breakfast
- 8:00 am Welcome and Introduction
- 8:15 am **Cadaver Demonstration** – SMAS Plication and Imbrication Techniques
- 8:45 am **Cadaver Dissection** – SMAS Plication and Imbrication Techniques
- 9:45 am **Evaluation of the Neck**
- 10:15 am **Submental Liposuction**
- 10:45 am BREAK and EXHIBITS
- 11:00 am **Facial Implants**
- 11:30 am **Platysma Plication and Neck Modification**
- 12:00 pm **Cadaver Demonstration** – Platysma Plication/Neck Modification/Facial Implants
- 12:45 pm LUNCH and EXHIBITS
- 1:30 pm **Cadaver Dissection** – Platysma Plication/Neck Modification/Facial Implants
- 3:00 pm Adjourn



## CONTINUING EDUCATION

### FACULTY DISCLOSURE POLICY

It is the policy of Saint Louis University School of Medicine to insure balance, independence, objectivity and scientific rigor in its continuing medical education program. Faculty participating in these activities are required to disclose to the audiences prior to the activity the following:

(1) The existence of any significant financial or other relationship with the manufacturer of any commercial product or provider of any commercial service discussed. (2) Their intention to discuss a product that is not labeled for the use under discussion. (3) Their intention to discuss preliminary research data.

### VALIDATION OF CONTENT

Saint Louis University School of Medicine follows the ACCME policy on Validation of Content for CME activities which requires that:

- All recommendations involving clinical medicine must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients.
- All scientific research referred to, reported or used in CME in support or justification of a patient care recommendation must conform to the generally accepted standards of experimental design, data collection and analysis.

Saint Louis University School of Medicine will review this activity's disclosures and resolve all identified conflicts of interest, if applicable.

# GENERAL INFORMATION

## WORKSHOP LOCATION

This workshop will be conducted at Practical Anatomy & Surgical Education located at 3839 Lindell Boulevard, St. Louis, Missouri 63108-3413.

## CANCELLATION and REFUND POLICY

Cancellations received three weeks prior to the course will be refunded less a 10 percent processing fee. The conference is not responsible for travel expenses incurred. In the event the conference is cancelled, the tuition fee and flight transfer fee (original receipt required) are reimbursable.

## PLEASE NOTE

If you have NOT received confirmation of registration prior to your departure, contact Practical Anatomy. Registration cannot be processed until full payment is received. Practical Anatomy is not responsible for expenses incurred by individuals who are not confirmed and paid-in-full.

**Practical Anatomy workshops are now paperless!** A copy of the syllabus will be made available via the Practical Anatomy website or on a self-contained CD. The content will include all available articles or presentation material submitted by the faculty.

## ACCOMMODATIONS

For the convenience of our attendees, a block of discounted rooms has been set aside at the following hotels. Shuttle transportation will be provided between the hotel and workshop site each day.

### Chase Park Plaza – \$155

*One Bedroom Suite*

212 N. Kingshighway, St. Louis, MO 63108

Phone: (877) 587-2427 Fax: (314) 633-3003

Website: <http://www.chaseparkplaza.com>

### Water Tower Inn at Saint Louis University – \$75

*Please mention Group 800 to receive discount*

3545 Lafayette Ave., St. Louis, MO 63104

Phone: (314) 977-7500 Fax: (314) 977-7505 Website: <http://www.slu.edu/events/wti.html>

*For information on alternative hotels, contact the Course Coordinator.*

Make reservations directly with the hotel. Room reservations are NOT made through the Practical Anatomy office. **Do not make airline reservations until you have received written confirmation of placement in the workshop.** For information on alternative hotels, contact the Course Coordinator.

## SPECIAL EVENT

A special event reception is planned for Friday, July 25, 2008. Participants are welcome to enjoy this special evening at no additional cost. If you wish to bring a guest, there will be an additional charge. Transportation will be provided from the designated hotels.

# CONTINUING EDUCATION

## CONTINUING EDUCATION

Saint Louis University School of Medicine designates this educational activity for a maximum of 19 (Part I-7.25, Part II-11.75) *AMA PRA Category 1 Credit(s)<sup>™</sup>*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This course has been designated as Level 1 (Verification of Attendance) of the AMA's Credit Designation for New Procedures and Skills. Completion of this course does not certify the participant in their proficiency of the skills.

The American Medical Association has determined that physicians not licensed in the US who participate in this *CME activity are eligible for AMA PRA Category 1 Credit(s)<sup>™</sup>*.

## ACCREDITATION

Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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**PHILIP L. CUSTER, MD**

COURSE CO-DIRECTOR – PART I

Professor, Ophthalmology

Department of Ophthalmology and Visual Sciences

Washington University School of Medicine, St. Louis, MO

**JOHN B. HOLDS, MD, FACS**

COURSE CO-DIRECTOR – PART I

Clinical Professor

Departments of Ophthalmology and Otolaryngology–Head and Neck Surgery

Saint Louis University School of Medicine, St. Louis, MO

**GREGORY H. BRANHAM, MD, FACS**

COURSE CO-DIRECTOR – PART II

Associate Professor and Chief, Facial Plastic Surgery

Washington University School of Medicine, St. Louis, MO

**JILL A. FOSTER, MD, FACS**

COURSE CO-DIRECTOR – PART II

Clinical Associate Professor, The Ohio State University

Eye Center of Columbus, Plastic Surgery Ohio, Columbus, OH

**FRANCIS A. PAPAY, MD**

HONORED GUEST

Chair, Dermatology & Plastic Surgery Institute, The Cleveland Clinic, Cleveland, OH

**ALLAN E. WULC, MD, FACS**

HONORED GUEST

The Health and Wellness Center by Doylestown Hospital, Warrington, PA

**GABRIELA M. ESPINOZA, MD**

Oculoplastics, Saint Louis University School of Medicine, St. Louis, MO

**MORRIS E. HARTSTEIN, MD**

Associate Clinical Professor, Department of Ophthalmology

Saint Louis University School of Medicine, St. Louis, MO

**DAVID E. E. HOLCK, MD**

Director, Oculofacial and Reconstructive Plastics, Orbit and Ocular Oncology Services

Department of Ophthalmology, Wilford Hall Medical Center, San Antonio, TX

**L. MIKE NAYAK, MD**

Clinical Assistant Professor of Facial Plastic Surgery, Saint Louis University School of Medicine

Nayak Plastic Surgery & Skin Enhancement Center, St. Louis, MO

**JOSEPH NIAMTU, III, DMD**

Cosmetic Facial Surgery, Richmond, VA

*Faculty subject to last minute change.*



# EDUCATIONAL OBJECTIVES

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This workshop has been designed to provide prospective facial cosmetic surgeons with a comprehensive overview of the surgical anatomy and rejuvenation techniques of the upper and lower eyelids, the face and neck. More experienced surgeons will have the opportunity to enhance their skills while novice surgeons and residents will acquire the basic knowledge and skills needed for these rejuvenation procedures. By completing this workshop the participants will learn the most current basic techniques with an emphasis on safety for the following procedures:

- upper blepharoplasty
- lower blepharoplasty
- SMAS facelift
- limited incision facelift
- submental liposuction
- platysmaplasty
- facial implants

The objectives will be met in part by performing the procedures on specially prepared cadavers. The cadavers used are extremely flexible and “life-like”.

MISSION STATEMENT: Practical Anatomy & Surgical Education, Center for Anatomical Science and Education, Saint Louis University School of Medicine, is dedicated to the development and presentation of innovative medical health and science workshops. Practical Anatomy strives to promote the concept of lifelong learning by utilizing the latest technology to connect young people, residents, healthcare professionals and surgeons, to world-class experts and faculty.



## SAVE THE DATE!

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### ADVANCED TECHNIQUES in FACIAL REJUVENATION

September 26-28, 2008

Course Director: L. Mike Nayak, MD

Honored Guests: Timothy Marten, MD, FACS; Edwin F. Williams, MD, FACS

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### ADVANCES in RHINOPLASTY and NASAL RECONSTRUCTION

November 14-15, 2008

Course Directors: Jill L. Hessler, MD; Gregory H. Branham, MD

Honored Guest: Shan Baker, MD

*please visit our website at <http://pa.slu.edu>*

# REGISTRATION FORM

## Cosmetic Blepharoplasty and Introduction to Face Lift

Part I: July 25, 2008 – Part II: July 26-27, 2008

Please print

Name \_\_\_\_\_

Degree \_\_\_\_\_ Specialty \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_ Date-of-birth \_\_\_\_\_

*All confirmations will be sent via email - PLEASE WRITE LEGIBLY.*

*CME Tracking requirement*

### Tuition Fees

Course # P072508

Physician Fee:  **Part I** – \$1195 - July 25     **Part II** – \$1595 - July 26-27

**Parts I and II** – \$2295 - July 25-27

Fellow/Resident Fee/USA Military:  **Part I** – \$795 - July 25

**Part II** – \$1095 - July 26-27

**Parts I and II** – \$1495 - July 25-27

\$0 Special Event Reception - July 25, 2008 *(Check if you will attend)*



**Special Needs** *Please indicate any special needs (i.e. dietary, etc.)*

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### Method of Payment

**Check** enclosed made payable to **Saint Louis University**.

OR

Charge



Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Cardholder's Address *(if different than participant)* \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Signature \_\_\_\_\_

**Mail, fax or email completed registration to:**

Practical Anatomy & Surgical Education, Attn: Course Coordinator, 3839 Lindell Blvd., St. Louis, MO 63108 USA  
Phone: 314-977-7400 Fax: 314-977-7345 E-mail: pa@slu.edu Website: http://pa.slu.edu