

# REGISTRATION FORM

# FACULTY

## Cosmetic Blepharoplasty, Brow & Midface Lift and Rejuvenation Procedures

Part I: January 23-24, 2009 – Part II: January 25, 2009

Please print

Name \_\_\_\_\_

Degree \_\_\_\_\_ Specialty \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_ Date-of-birth \_\_\_\_\_  
*All confirmations will be sent via email - PLEASE WRITE LEGIBLY. CME Tracking requirement*

### Tuition Fees Course # P012309

Physician Fee:  **Part I** – \$2295 - January 23-24  **Part II** – \$695 - January 25  
 **Parts I and II** – \$2595 - January 23-25

Fellow/Resident Fee/USA Military:  **Part I** – \$1295 - January 23-24  
 **Part II** – \$450 - January 25  
 **Parts I and II** – \$1495 - January 23-25

\$0 Social Reception - January 23, 2009 *(Check if you will attend)*



**Special Needs** Please indicate any special needs (i.e. dietary, etc.)

### Method of Payment

Check enclosed made payable to **Saint Louis University**.

OR  
 Charge        

Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Cardholder's Address *(if different than participant)* \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Signature \_\_\_\_\_

**Mail, fax or email completed registration to:**

Practical Anatomy & Surgical Education, Attn: Course Coordinator, 3839 Lindell Blvd., St. Louis, MO 63108 USA  
 Phone: 314-977-7400 Fax: 314-977-7345 E-mail: pa@slu.edu Website: http://pa.slu.edu

**JOHN B. HOLDS, MD, FACS** COURSE CO-DIRECTOR – PART I  
 Clinical Professor, Departments of Ophthalmology and Otolaryngology–Head and Neck Surgery  
 Saint Louis University School of Medicine, St. Louis, MO

**MORRIS E. HARTSTEIN, MD** COURSE CO-DIRECTOR – PART I  
 Associate Clinical Professor, Department of Ophthalmology  
 Saint Louis University School of Medicine, St. Louis, MO

**ROBERTA D. SENNELMANN, MD** COURSE DIRECTOR – PART II  
 Mohs & Cosmetic Dermatologic Surgery  
 Santa Barbara, CA

**ALLEN M. PUTTERMAN, MD, SC, FACS** HONORED GUEST – PART I  
 Professor of Ophthalmology & Chief Oculoplastic Surgery  
 University of Illinois College of Medicine in Chicago, Chicago, IL

**DAVID E. E. HOLCK, MD** HONORED GUEST – PART I  
 Director, Oculofacial and Reconstructive Plastics, Orbit and Ocular Oncology Services  
 Department of Ophthalmology, Wilford Hall Medical Center, San Antonio, TX

**VIC A. NARURKAR, MD, FAAD** HONORED GUEST – PART II  
 Director, Bay Area Laser Institute San Francisco  
 Associate Clinical Professor of Dermatology, UC Davis Medical School, San Francisco, CA

**GREGORY H. BRANHAM, MD, FACS**  
 Associate Professor and Chief, Facial Plastic Surgery  
 Washington University School of Medicine, St. Louis, MO

**ADAM BUCHANAN, MD**  
 Ophthalmology and Visual Sciences, Washington University School of Medicine, St. Louis, MO

**MARK CHECCONE, MD, FACS**  
 Assistant Professor, Department of Otolaryngology–Head & Neck Surgery  
 Washington University School of Medicine, St. Louis, MO

**JILL A. FOSTER, MD, FACS**  
 Clinical Associate Professor, The Ohio State University  
 Eye Center of Columbus, Plastic Surgery Ohio, Columbus, OH

**DEE ANNA GLASER, MD**  
 Professor and Vice-Chairman, Director, Cosmetic and Laser Surgery  
 Department of Dermatology, Saint Louis University School of Medicine, St. Louis, MO

**MADHAVI KANDULA, MD**  
 Dermatology and Cosmetic Dermatology  
 Private Practice, St. Louis, MO

**DON O. KIKKAWA, MD**  
 Chief, Division of Ophthalmic, Plastic and Reconstructive Surgery  
 Professor of Clinical Ophthalmology, Shiley Eye Center, UCSD, La Jolla, CA

**PETER S. LEVIN, MD**  
 Clinical Professor of Ophthalmology, Co-Director, Plastic and Orbital Surgery  
 Department of Ophthalmology, Stanford University School of Medicine, Stanford, CA

**LAXMEESH MIKE NAYAK, MD**  
 Clinical Assistant Professor of Facial Plastic Surgery, Saint Louis University School of Medicine  
 Nayak Plastic Surgery & Skin Enhancement Center, St. Louis, MO

**KIRAN SAJJA, MD**  
 Department of Oculoplastic Surgery, University of Illinois Eye and Ear Infirmary, Chicago, IL

**STACEY TULL, MD, MPH**  
 Assistant Professor, Center for Dermatologic & Cosmetic Surgery  
 Washington University School of Medicine, St. Louis, MO

*Faculty subject to last minute change.*

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**SAINT LOUIS UNIVERSITY**  
 Practical Anatomy & Surgical Education  
 3839 Lindell Boulevard  
 St. Louis, MO 63108-3413



*A Two-Part  
 Hands-On Cadaver Workshop  
 for Cosmetic Facial Surgeons*  
**COSMETIC BLEPHAROPLASTY  
 BROW & MIDFACE LIFT**  
**AND**  
**REJUVENATION PROCEDURES**  
 January 23-25, 2009

**PRACTICAL ANATOMY  
 & SURGICAL EDUCATION**  
 SAINT LOUIS UNIVERSITY SCHOOL OF MEDICINE

**TWO-PART HANDS-ON CADAVER WORKSHOP  
 FOR COSMETIC FACIAL SURGEONS**



**PART I: ADVANCES IN  
 COSMETIC  
 BLEPHAROPLASTY  
 BROW & MIDFACE LIFT**  
 January 23-24, 2009

Course Directors:  
 John B. Holds, MD, FACS  
 Morris E. Hartstein, MD

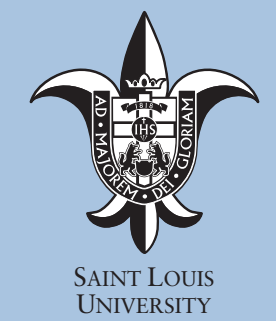
Honored Guests:  
 Allen M. Putterman, MD  
 David E. E. Holck, MD



**PART II: MINIMALLY INVASIVE  
 REJUVENATION  
 PROCEDURES**  
 January 25, 2009

Course Director:  
 Roberta Sengelmann, MD  
 Honored Guest:  
 Vic A. Narurkar, MD, FAAD

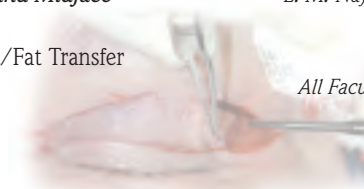
**January 23-25, 2009 ST. LOUIS, MO**



## SCHEDULE and LECTURES

### PART I: Friday, January 23, 2009

7:00 am	Registration and Continental Breakfast	
7:30 am	Welcome and Introduction	<i>J. Holds, M. Hartstein</i>
7:45 am	Anatomy for Blepharoplasty	<i>J. Foster</i>
8:15 am	Patient Evaluation for Upper Blepharoplasty/Internal Browlift	<i>P. Levin</i>
9:00 am	3-D Video Demonstration Upper Blepharoplasty/Internal Browlift	<i>M. Hartstein</i>
9:30 am	Introduction to Patient Evaluation for Endoscopic Brow Lift	<i>D. Holck</i>
10:15 am	BREAK and EXHIBITS	
10:45 am	3-D Video Demonstration Endoscopic Brow Lift	<i>D. Holck</i>
11:45 am	LUNCH and EXHIBITS	
12:30 pm	Lecture/3-D Video Demonstration Introduction to Fat Transfer for the Tear Trough and Midface	<i>L. M. Nayak</i>
1:15 pm	Cadaver Dissection Group 1 Upper Blepharoplasty/Internal Browlift/Fat Transfer Group 2 Endoscopic Browlift	<i>All Faculty</i>
2:45 pm	BREAK & EXHIBITS	
3:15 pm	Cadaver Dissection Group 1 Endoscopic Browlift Group 2 Upper Blepharoplasty/Internal Browlift/Fat Transfer	<i>All Faculty</i>
5:00 pm	Adjourn	
7:00 pm	Special Event	



### PART I: Saturday, January 24, 2009

7:30 am	Sign-In and Continental Breakfast	
8:00 am	Overview Approach to the Lower Face/Lower Blepharoplasty with Fat Repositioning	<i>J. Holds</i>
8:30 am	3-D Video Demonstration Lower Blepharoplasty with Fat Repositioning	<i>J. Foster</i>
9:00 am	Lecture/3-D Video Demonstration Tarsal Strip Procedure/The Subperiosteal Cheek Lift (SOOF Lift)	<i>A. Putterman</i>
10:00 am	BREAKS and EXHIBITS	
10:30 am	Questions and Answers - Complications of Blepharoplasty	<i>D. Kikkawa</i>
11:00 am	Lecture/3-D Video Demonstration Mid-face – Endoscopic Approach to the Midface	<i>D. Holck</i>
11:45 am	LUNCH and EXHIBITS	
12:30 pm	Implant Techniques	<i>L. M. Nayak</i>
1:00 pm	3-D Video Demonstration Implant Techniques	<i>L. M. Nayak</i>
1:30 pm	Cadaver Dissection Group 1 Lower Blepharoplasty/Implants Group 2 Endoscopic Midface Lift	<i>All Faculty</i>
2:30 pm	BREAK and EXHIBITS	
2:45 pm	Cadaver Dissection Group 1 Endoscopic Midface Lift Group 2 Lower Blepharoplasty/Implants	<i>All Faculty</i>
3:45 pm	Questions and Answers	<i>All Faculty</i>
4:00 pm	Adjourn	



### PART II: Sunday, January 25, 2009

7:15 am	Sign-In and Continental Breakfast	
7:45 am	Welcome and Introduction to Part II	<i>R. Sengelmann</i>
7:50 am	Cosmeceuticals Update	<i>M. Kandula</i>
8:15 am	Filler Update From Tried and True to New	<i>D. Glaser</i>
8:40 am	Facial Volume and Contouring Techniques	<i>R. Sengelmann</i>
9:05 am	Managing Complications of Chemical Denervation and Fillers	<i>S. Tull</i>
9:25 am	Question and Answer	
9:30 am	BREAK and EXHIBITS	
9:45 am	Demonstration Fillers and Chemical Denervation	<i>V. Narurkar, R. Sengelmann, D. Glaser, M. Kandula, S. Tull</i>
10:45 am	Rejuvenating the Face with Intense Pulsed Light, Radiofrequency, Plasma	<i>D. Glaser</i>
11:10 am	Fractionated Resurfacing	<i>V. Narurkar</i>
11:35 am	Ablative Resurfacing versus Fractionated What I Use and Where	<i>S. Tull</i>
11:50 am	Laser Complications	<i>V. Narurkar</i>
12:15 pm	LUNCH and EXHIBITS	
1:15 pm	Demonstration Fractionated Resurfacing	<i>V. Narurkar, R. Sengelmann, D. Glaser, S. Tull</i>
2:30 pm	WORKSHOP ADJOURNS	



## CONTINUING EDUCATION

### FACULTY DISCLOSURE POLICY

It is the policy of Saint Louis University School of Medicine to insure balance, independence, objectivity and scientific rigor in its continuing medical education program. Faculty participating in these activities are required to disclose to the audiences prior to the activity the following:  
(1) The existence of any significant financial or other relationship with the manufacturer of any commercial product or provider of any commercial service discussed. (2) Their intention to discuss a product that is not labeled for the use under discussion. (3) Their intention to discuss preliminary research data.

### VALIDATION OF CONTENT

Saint Louis University School of Medicine follows the ACCME policy on Validation of Content for CME activities which requires that:  
• All recommendations involving clinical medicine must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients.  
• All scientific research referred to, reported or used in CME in support or justification of a patient care recommendation must conform to the generally accepted standards of experimental design, data collection and analysis.  
Saint Louis University School of Medicine will review this activity's disclosures and resolve all identified conflicts of interest, if applicable.

## GENERAL INFORMATION

### WORKSHOP LOCATION

This workshop will be conducted at Practical Anatomy & Surgical Education located at 3839 Lindell Boulevard, St. Louis, Missouri 63108-3413.

### CANCELLATION and REFUND POLICY

Cancellations received three weeks prior to the course will be refunded less a 10 percent processing fee. The conference is not responsible for travel expenses incurred. In the event the conference is cancelled, the tuition fee and flight transfer fee (original receipt required) are reimbursable.

### PLEASE NOTE

If you have NOT received confirmation of registration prior to your departure, contact Practical Anatomy. Registration cannot be processed until full payment is received. Practical Anatomy is not responsible for expenses incurred by individuals who are not confirmed and paid-in-full.

### ACCOMMODATIONS

For the convenience of our attendees, a block of discounted rooms has been set aside at the following hotels. Shuttle transportation will be provided between the hotel and workshop site each day.

**Chase Park Plaza** – \$155 *One Bedroom Suite*  
212 N. Kingshighway, St. Louis, MO 63108  
Phone: (877) 587-2427 Fax: (314) 633-3003 Website: <http://www.chaseparkplaza.com>

**Water Tower Inn at Saint Louis University** – \$99  
*Please mention "Practical Anatomy" to receive discount*  
3545 Lafayette Ave., St. Louis, MO 63104  
Phone: (314) 977-7500 Fax: (314) 977-7505 Website: <http://www.slu.edu/events/wti.html>

**Hilton St. Louis at the Ballpark** – \$119  
1 South Broadway, St. Louis, MO 63102  
Phone: (314) 421-1776 Fax: (314) 331-9029 Website: <http://www.hiltonstlouis.com>

Make reservations directly with the hotel. Room reservations are NOT made through the Practical Anatomy office. **Do not make airline reservations until you have received written confirmation of placement in the workshop.** For information on alternative hotels, contact the Course Coordinator.

### SOCIAL RECEPTION

A social reception is planned for Friday, January 23, 2009. Participants are welcome to enjoy this special time to visit with fellow participants, faculty, and vendors at no additional cost. If you wish to bring a guest there will be an additional charge of \$40.00.

Please plan to attend this social reception before dinner. There are several restaurants within walking distance if you would like to make dinner plans in the area. Transportation will be provided to and from the social reception from the course hotels.

### CONTINUING EDUCATION

Saint Louis University School of Medicine designates this educational activity for a maximum of 19.5 (Part I–14.0, Part II–5.5) *AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.  
This course has been designated as Level 1 (Verification of Attendance) of the AMA's Credit Designation for New Procedures and Skills. Completion of this course does not certify the participant in their proficiency of the skills.  
The American Medical Association has determined that physicians not licensed in the US who participate in this *CME activity are eligible for AMA PRA Category 1 Credit(s)™*.

### ACCREDITATION

Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## EDUCATIONAL OBJECTIVES

This workshop has been designed to provide otolaryngologists, head and neck surgeons, facial plastic and reconstructive surgeons, ophthalmologists, oral and maxillofacial surgeons with a comprehensive overview of the surgical rehabilitation of the aged upper and lower eyelid and midface. The participants will have the opportunity to learn and enhance their skills in a variety of surgical procedures on the eyelid, brow and midface. By completing this workshop the participants will learn state of the art techniques in the following procedures:

- Upper Blepharoplasty
- Lower Blepharoplasty
- Internal Brow Lift
- Endoscopic Brow Lift
- Tarsal Strip Procedure
- Endoscopic Midface Lift
- Chemical Peels, Fillers, Chemical Denervation
- Laser Skin Rejuvenation
- Fat Transfer Techniques

The objectives will be met in part by performing the procedures on specially prepared cadavers. The cadavers used are extremely flexible and "life-like".

MISSION STATEMENT: Practical Anatomy & Surgical Education, Center for Anatomical Science and Education, Saint Louis University School of Medicine, is dedicated to the development and presentation of innovative medical health and science workshops. Practical Anatomy strives to promote the concept of lifelong learning by utilizing the latest technology to connect young people, residents, healthcare professionals and surgeons, to world-class experts and faculty.



## Save-the-Date!

### ADVANCED SURGICAL TECHNIQUES for OBSTRUCTIVE SLEEP APNEA

April 24-25, 2009

Course Director: George Katsantonis, MD, FACS

*please visit our website at <http://pa.slu.edu>*